



# Harassment Action

**Harassment is a pattern of forcing unwanted attention on another person verbally, physically or sexually in person or by phone/ text / online.**

It includes:

- Bullying, mocking, teasing, insults, put-downs and spreading rumours.
- Racial harassment – harassing someone because of their race, colour, culture or religion.
- Sexual harassment – giving someone unwanted and inappropriate sexual attention, or harassing them about their sexual orientation or gender (male/female).
- Intimidation or threatening or shouting at someone to make them feel powerless or uncomfortable, even if the threat is not carried out.
- Behaviour such as making put-downs, threats or spreading rumours on behalf of someone else is also harassment.

**Harassment is abuse.**

**It is NOT the Waitakere Way.**

**No-one at this College has to put up with it.**

You can approach a:

- Teacher, Tutor Group Teacher, Dean, Counsellor or Peer Mentor for help.
- Peer Mentors are senior students with special training to help you solve problems in peaceful, non-threatening ways.

Where practical, Restorative Practices will be utilized to ensure that the harassment does not continue and that the parties can then move on in their respective fields respectfully and without conflict.

**SOMETHING CAN BE DONE ABOUT HARASSMENT!**

**Kōrero Mai, Kōrero Atu, Mauri Tū, Mauri Ora  
Speak Up, Stand Together, Stop Bullying!**

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